

Zara Zahid, DDS

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EDUCATION AND PROFESSIONAL EXPERIENCE

Virginia Tech Carilion School of Medicine, Roanoke, VA <i>Assistant Professor</i>	September 2023-Present
Carilion Clinic Dental Care, Roanoke, VA <i>Board Certified Pediatric Dentist</i>	October 2021-Present
Diplomate of the American Board of Pediatric Dentistry University of Florida- Advanced Education in Pediatric Dentistry, Gainesville, FL <i>Chief Resident</i> <i>Certificate in Pediatric Dentistry</i>	September 2022-Present July 2019-August 2021
Virginia Commonwealth University School of Dentistry, Richmond, VA <i>Dean's List</i> <i>Doctor of Dental Surgery</i>	June 2015-May 2019
Vienna Pediatric Dentistry, Vienna, VA <i>Dental Assistant</i>	October 2013-December 2018
George Mason University, Fairfax, VA <i>Bachelor of Science in Biology</i>	September 2008-May 2013

LICENSES AND CERTIFICATIONS

Basic Life Support	June 2024- September 2024
Dental Laser Education Certification & Training	September 2023
Pediatric Advanced Life Support	October 2022- October 2024
Conscious/Moderate Sedation License	October 2021-January 2025
DEA License	July 2021-May 2024
Florida Dental License	March 2020- February 2026
Virginia Dental License	September 2019- January 2025

PROFESSIONAL DEVELOPMENT

<i>Attendee, ACPA 2024 Annual Meeting</i>	2024
<i>Attendee, Alveolar Cleft Bone Grafting: Treatment Overview, Timing, and Bone Graft Options</i>	2024
<i>Attendee, Pediatric Dermatology for the Pediatric Dentist</i>	2024
<i>Attendee, Policy Developments & Trends in Pediatric Oral Health</i>	2024
<i>Attendee, The PEEL Technique- A New Paradigm in Tongue Tie Treatment Part 1 &2- Dr. Convissar</i>	2023
<i>Attendee, The PEEL Technique- A New Paradigm in Tongue Tie Treatment Part 1 &2- Dr. Convissar</i>	2023
<i>Attendee, 2023 VAPD Annual Meeting</i>	2023
<i>Attendee, AAPD Annual Session</i>	2023
<i>Attendee, NuSmile Restorative Workshop</i>	2023
<i>Attendee, AAPD Annual Session</i>	2022
<i>Resident Attendee, AAPD Annual Session</i>	2021
<i>Dental Resident, University of Florida Craniofacial Selective</i>	2019
<i>Resident Attendee, DeNovo Workshop</i>	2020
<i>Resident Attendee, The Hall Technique Webinar</i>	2020
<i>State Advocate, AAPD Pediatric Oral Health Advocacy Conference</i>	2020
<i>Resident Attendee, Medical Emergency Preparedness Workshop</i>	2020
<i>Resident Attendee, Advanced Education in Pediatric Dentistry- Zirconia Pediatric Crowns</i>	2019
<i>Resident Attendee, Florida Academy of Pediatric Dentistry Annual Meeting</i>	2019
<i>Student Attendee, Hinman Dental Meeting</i>	2019
<i>Student Dentist, VCU Senior Pediatric Dentistry Selective</i>	2018

<i>Student Attendee, 2017 AAPD Annual Session</i>	2018
<i>Student Attendee, Invisalign with Dr. Perry Jones, DDS</i>	2017

RESEARCH

Co-Investigator, Stainless Steel Crown Size Correlation between Maxillary and Mandibular Molars

PROFESSIONAL COMMITTEES AND SERVICE

<i>Volunteer Dentist, Super Smiles Savers</i>	2024
<i>Volunteer Dentist, Jamaica Project</i>	2023
<i>Committee Member, Carilion Pediatric Dental Residency Development Committee</i>	2023
<i>Vice President, MCV Graduate Student Government Association</i>	2018-2019
<i>Senator, Graduate Student Government Association</i>	2017-2018
<i>Dental Assistant, ADA Give Kids a Smile, Richmond, VA</i>	2016-2019
<i>Advisor, Tompkins-McCaw Library Graduate Advisory Committee</i>	2016-2018
<i>Dental Assistant, Special Olympics, Richmond, VA</i>	2017
<i>President, VCU AAPD Student Chapter: Tooth Wigglers</i>	2017-2018
<i>Vice President, VCU AAPD Student Chapter: Tooth Wigglers</i>	2016-2017
<i>Student Representative, ASDA</i>	2015-2016

HONORS & AWARDS

Dr. Clara Turner Craniofacial Anomalies Award	2021
Hintermann Scholarship for Pediatric Dentistry	2018-2019
Most Outstanding Graduate and Professional Legislative Member	2017-2018
VCU Dental School Merit Based Scholarship	2016-2018

PROFESSIONAL MEMBERSHIPS

American Academy of Pediatric Dentistry
College of Diplomates of the American Board of Pediatric Dentistry
Virginia Academy of Pediatric Dentistry
American Cleft Palate Association

OTHER SKILLS

Advanced proficiency in Urdu, Hindi, and Punjabi
Proficient in using Epic, Eaglesoft & Axium